



Criteria for Certification



Criteria for Becoming Certified as a Core Transformation Coach

A Core Transformation Certified Coach (CTCC) strives to embody the principles of Core Transformation as well as offer quality coaching experiences. This list will give you a picture of some of the qualities and skills we'll be looking for, to become certified as a Core Transformation Coach:

Essential Qualities of a Core Transformation Coach

Personal Qualities

- **Compassion:** *Has compassion for others, and ability to understand someone else's point of view. Includes and respects everyone's needs. Honors and respects every part or aspect of a person. Has respect for, and awareness of, the larger system a person operates in (which can be very different from one person to the next).*
- **Communication:** *Communicates in a clear, direct, respectful way.*
- **Personal congruence:** *What we express non-verbally matches and supports what we say with words. (This happens naturally when we say what we mean.)*
- **Sensory Acuity:** *Notices the other person's non-verbal responses (facial expressions, skin color, eye focus, breathing, etc.), including the nonverbal elements of speech (voice tone, tempo etc.).*
- **Self Awareness:** *Can recognize when getting emotionally plugged in, and is motivated to continue working with their own inner transformation and evolution. (Getting emotionally plugged in happens for all of us.)*

Personal Development

- **Self Evolution with CT:** *Uses Core Transformation personally to transform and grow as a person. Has a desire to acknowledge and work with one's ego and other personal issues. (Explicitly examining our own issues around this and working with them is important in congruently guiding someone through this process). In this way we also become a model of, and inspiration for, using CT in an ongoing way.*

Professional Performance Standards & Integrity

- **Guiding CT:** *Has a range of CT coaching skills. This includes the ability to use the CT Foundation script accurately and reliably without reading from the manual. It also includes an understanding of the CT structure, so that in the event any wording changes are made, they are an expression of the structure of CT. (See below for more details on these coaching skills.)*
- **Logistics:** *Is able to schedule and manage sessions in a way that respects one's commitments as well as the other person's time. If not able to meet commitments, refunds when appropriate and acknowledges and remedies any mistakes.*



- **Cooperation:** *Is able to work with other CT practitioners (both certified and uncertified) in a cooperative way to support the movement as a whole.*
- **Feedback:** *Is able to continually receive and implement feedback, both from clients and peers. Is able to give feedback clearly and respectfully as equals in a supportive way.*
- **Back Up Consultation:** *Seeks back-up consultation or help—both when needed, and as a regular practice, by consulting with other CT coaches. Seeks continual improvement from outside input.*
- **Willing to Refer:** *Recognizes when clients' needs are beyond their ability. Knows when to refer to someone else, either because it will be a better fit for the client, or for the coach, or both.*
- **Ethics:** *Adheres to or exceeds generally accepted standards for ethical, moral, and professional conduct (see below for more details).*

Guiding CT: Specific Coaching Skills

The CT Certified Coach meets CT coaching session standards through demonstrating their Core Transformation and Parental Timeline Reimprinting skills, including:

- *An emphasis on mastery of the CT Foundation script, with refinements taught in the Advanced and Certification courses. The CT Foundation script is appropriate for most clients who are working with mild to medium issues, and even for many intense issues.*
- *Understanding when to use the Advanced formats, and be able to access them and use them if and when appropriate.*
- *Understanding the structure of Core Transformation, to know why the Foundation script is so powerful, why we usually don't change it, and also to understand when and how to alter the script for specific situations.*
- *Capability with the following specific skills:*
 - *Memorization of phases 1&2 of the CT Foundation script in the first month of the Certification course. (In the event of a memory disability, communicate with Tamara and Mark through "info@andreasnlp" to make an alternate arrangement.)*
 - *Identifying a starting place*
 - *Working with more than one part when a part "comes up" during the CT process.*
 - *Identifying when a client has reached a potential Core State, and responding appropriately*
 - *Guiding all four phases of the CT process*
 - *Guiding Parental Timeline Reimprinting when appropriate*

- *Responding appropriately if there's difficulty communicating with the part, or if the part has difficulty stepping into what it wants*
- *Ability to introduce the CT process, and frame important aspects of the process when needed.*
- *A basic ability to guide someone through Aligning Perceptual Positions. (Basic understanding of this process is needed for some exercises in the course, however this isn't the emphasis).*
- *Awareness of the subtle impact of language choice when guiding CT, and use of precise and clear language when guiding, as well as in general communication.*
- *Ability to establish trust and rapport with the client at both a conscious and unconscious level (rapport with both the person, and their part or parts).*
- *Ability to track client interest, motivation, & sense of safety. If there is a lack of any of these, ability to address it immediately before doing anything else, so that these are in place before progressing with the session.*
- *Ability to use self-demonstrations and their own experience, when appropriate, to provide a model.*
- *Utilization skills—ability to help each client use whatever happens as a next step for their evolution.*
- *Ability to track the outcomes of the client, and gather feedback and information about whether these outcomes are being achieved from session to session.*

Ethics

The CT Certified Coach adheres to or exceeds generally accepted standards for ethical, moral, and professional conduct, including:

- *Understanding and abiding by the laws of practice in your state or country.*
- *Maintaining confidentiality (except if/when required by law to report something).*
- *Being reliable and prompt for scheduling and appointments, including ability to manage and respond in a timely manner to emails, phone calls, etc.*
- *Maintaining appropriate boundaries with clients (i.e. not having sexual relations with clients at all, under any circumstances; former clients, or clients' relatives, are a grey area; former sexual partners are best referred to other practitioners; it's the coach's responsibility to ensure the client isn't harmed and that professional boundaries are in place.)*
- *Maintaining positive, healthy relationships with clients*
- *Honesty and integrity*

